

## Mocha frappe shakes recipe

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Keep calm and enjoy these delicious and healthy mocha frappe shake by Martyna Angell all summer long.

### Ingredients (makes 2)

- 2 squares dark chocolate, melted
- 1 tbsp chopped hazelnuts
- 1 cup almond milk or milk of your choice
- 1½ cup ice cubes
- 1 tbsp cacao powder
- 1 tbsp instant coffee (see note above)
- 1 tsp vanilla extract
- 2 tbsp honey
- ¼ tsp cinnamon

### Method

Dip the rim of each glass in the melted chocolate and then into the hazelnuts for them to stick around the edge and transfer to the fridge to set. Place all remaining ingredients in a blender and process until the mixture resembles a slushy. Divide between two chocolate and hazelnut-dipped

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glasses and serve.

Recipes and photography: [Martyna Angell](#)

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